

Sun Care Policy

Links to the Early Years Foundation Stage: Safeguarding and Welfare Requirements: Health

At Jack and Jill Pre School we are committed to ensuring that all children are fully protected from the dangers of too much sun/UV rays. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

We follow guidance from the weather and UV level reports and use the following procedures to keep children safe and healthy in the sun:

- Room Leaders will work with the parents to decide and agree on suitable precautions to protect children from burning, including those with more sensitive skin types and those that may be more tolerant to the sunshine.
- Children must have a clearly labelled sun hat which will be worn at all times whilst outside in sunny weather.
- Children must have their own labelled high factor sun cream with prior written consent gained on your child's enrolment form for the staff to apply. This enables children to have sun cream suitable for their own individual needs. Staff must be aware of the expiry date and discard sunscreen after this date
- If parents choose not to apply suncream to their children then they **MUST** supply light-weight cotton clothing for their children suitable for the sun, with long sleeves and long legs and a sunhat. If parents choose **NOT** to apply suncream then they understand that their child will not be able to play outside, even under shade. We reserve the right to send children home if they do not have suncream on, as we cannot always manage ratios if children without suncream have to stay inside.
- Children's safety and welfare in hot weather is the preschool's prime objective so staff will work closely with parents to ensure all appropriate cream and clothing is provided
 - Staff will make day-to-day decisions about the length of time spent outside depending on the strength of the sun.
 - Children will arrive at preschool with suncream already applied and staff will reapply suncream to the children at lunch times
 - Children are encouraged to drink cooled water more frequently throughout sunny or warm days and this will be accessible both indoors and out

- Children are made aware of the need for sun hats, sun cream and the need to drink more fluids during their time in the sun
- Shade will be provided to ensure children are able to still go out in hot weather, cool down or escape the sun should they wish or need to.

This policy was adopted by Jack and Jill Pre School On 1st September 2023

Date to be reviewed September 2025

Signed on behalf of the provider

Name and role of signatory Rebecca Barker - Manager